HAC YOUTH ENRICHMENT & SPORTS (YES) PROGRAM Martial Arts Schedule



SEPTEMBER 5TH, 2023 - MAY 4TH, 2024

AGES 3-4 YEARS (Must be potty trained)							
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
	4:30 - 5:00 pm Tigers						

AGES 5-6 YEARS							
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
	5:05 - 5:50 pm Dragons	5:05 - 5:50 pm Dragons	5:05 - 5:50 pm Dragons	5:05 - 5:50 pm Dragons			
	5:05 - 6:05 pm Elite Dragons (Fee-Based)		5:05 - 6:05 pm Elite Dragons (Fee-Based)				

AGES 7-13 YEARS								
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
	6:10 - 7:10 pm Ninja/Black Belt Club: (Fee-Based)	5:55 - 6:40 pm Kids' Kenpo	6:10 - 6:55 pm Kids Kenpo	5:55 - 6:40 pm Kids' Kenpo	4:30 - 5:30 pm Ninjas (Fee-Based)			
	7:15 - 8:00 pm Kids' Kenpo	6:45 - 7:45 pm Black Belt Club (Fee-Based)	7:00 - 8:00 pm Ninja/Black Belt Club: (Fee-Based)	6:45 - 7:45 pm Black Belt Club (Fee-Based)	5:30 - 6:30 pm Black Belt Club (Fee-Based)			
					6:30 - 7:15 pm Leadership/ Demo			

Please see the uniform requirement sheet. Uniforms can be purchased in the Martial Arts Studio. No classes October 31st, November 20-25th, December 18th-January 1st, February 16-19th, April 1st-6th

Tigers: Ages 3-4 Dragons: Ages 5-6 Kids' Kenpo: Ages 7-13

Ninjas: Ages 7-13, white belt through green Black Belt Club: At least a green belt, invitation only

Leadership/Demo: By invitation only